Thom Child & Family Services operates an Early Intervention Program near you...

Thom Anne Sullivan Center

126 Phoenix Avenue, Lowell, MA 01852 T: (978) 453-8331 | F: (978) 453-9254 Serving: Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro and Westford

Thom Boston Metro Early Intervention

555 Amory Street, Jamaica Plain, MA 02130 T: (617) 383-6522 | F: (617) 383-6520 Serving: Boston and Brookline including the Dorchester, Hyde Park, Jamaica Plain, Mattapan, Roslindale and West Roxbury neighborhoods

Thom Charles River Early Intervention

465 Waverley Oaks Road, Suite 101 Waltham, MA 02452 T: (781) 894-6564 | F: (781) 893-5938 Serving: Belmont, Waltham and Watertown

Thom Marlboro Area Early Intervention

340 Maple Street, Suite 203, Marlboro, MA 01752 T: (508) 624-0304 | F: (508) 624-0391 Serving: Hudson, Marlboro, Northboro, Southboro and Westboro

Thom Mystic Valley Early Intervention

10P Gill Street, Woburn, MA 01801
T: (781) 932-2888 | F: (781) 932-9809
Serving: Arlington, Burlington, Lexington, Wilmington, Winchester and Woburn

Thom Neponset Valley Early Intervention

101 Vanderbilt Avenue, Norwood, MA 02062 T: (781) 551-0405 | F: (781) 551-9901 Serving: Canton, Dedham, Medfield, Millis, Norfolk, Norwood, Plainville, Sharon, Walpole, Westwood and Wrentham

Thom Pentucket Early Intervention

320 Main Street, P.O. Box 956, West Newbury, MA 01985 T: (978) 363-5553 | F: (978) 363-2435 Serving: Amesbury, Boxford, Georgetown, Groveland, Haverhill, Merrimac, Newbury, Newburyport, Rowley, Salisbury and West Newbury

Continued

Program near you... Continued

Thom Springfield Infant Toddler Services

1506A Allen Street, Springfield, MA 01118
T: (413) 783-5500 | F: (413) 782-7612
Serving: East Longmeadow, Hampden, Longmeadow,
Springfield and Wilbraham

Thom Westfield Infant Toddler Services

209 Root Road, Westfield, MA 01085
T: (413) 568-3942 | F: (413) 568-5983
Serving: Agawam, Blandford, Chester, Granville,
Huntington, Middlefield, Montgomery, Russell,
Southwick, Tolland, Westfield, West Springfield
and Woronoco

Thom Worcester Area Early Intervention

239 Mill Street, Suite B, Worcester, MA 01602 T: (508) 752-8466 | F: (774) 243-6611 Serving: Auburn, Boylston, Holden, Leicester, Paxton, Shrewsbury, West Boylston and Worcester

 Early Intervention is a state and federally mandated service that is funded by the MA Department of Public Health, Medicaid, MA Health Insurance, Health Maintenance Organizations (HMOs), and private contributions and fees. There are no direct costs to families for Early Intervention services.

Early Intervention service providers include a range of pediatric specialists. Early Intervention serves children ages birth to three years old and their families, who live in Massachusetts.



Partnering with families to support early learning and healthy development

Thom Child & Family Services has worked with pediatricians, early childhood professionals and others in your community to meet the needs of children and families since 1921.

Thom Administrative Offices

1661 Worcester Road, Suite 501, Framingham, MA 01701

EARLY INTERVENTION



Developmental Checklist for Children Birth to 3 Years



Partnering with families to support early learning and healthy development

thomchild.org thomchild.org thomchild.org

You've got questions about your baby's development...



ou've heard that every child develops at their own pace. Some children sit up, or crawl, or learn to walk, or talk earlier than others. You may be worried that your baby seems to be having difficulty with one or more early developmental skills.

Talk with your child's pediatrician and if you are concerned about your child's development, it's good to know that there is a team of highly trained Early Intervention¹ specialists who can help. You can count on these specialists to follow through with further screening and/or evaluation of your child and to answer your questions — no matter how complicated, or simple. The Early Intervention process is collaborative and recognizes that parents and caregivers play the most important role in accomplishing the goals that they have identified for their child.

Thom Child & Family Services wants you to have this developmental checklist. It will help you evaluate your child's attempts to master first skills. You may find it helpful to use the checklist as you watch your child over the course of several days. If you think your child may be experiencing developmental delays, call us! Thom Child & Family Services can help.

Thom Child & Family Services Early Intervention will:

- Explain your rights, choices and responsibilities regarding Early Intervention services for your child.
- Conduct an initial evaluation to determine if your child is eligible for Early Intervention services.
- Talk with you about service choices and options available for your family through Early Intervention.

EARLY INTERVENTION Developmental Checklist for Children ~ Birth to 3 Years

2 MONTHS

- Seems happy to see you approach her
- Holds head up when on tummy
- Watches you as you move
- Makes sounds other than crying

4 MONTHS

- Makes sounds back when you talk to him
- If hungry, opens mouth when she sees breast or bottle
- Holds a toy when you put it in his hand
- Pushes up onto elbows/forearms when on tummy

6 MONTHS

- Rolls from tummy to back
- Puts things in her mouth to explore them
- Likes to look at himself in a mirror
- Blows "raspberries" (sticks tongue out and blows)

9 MONTHS

- Makes different sounds like "mamama" and "bababa"
- Looks when you call her name
- Is shy, clingy, or fearful around strangers
- Gets to a sitting position by herself and sits without support
- Smiles or laughs when you play peek-a-boo
- Moves things from one hand to her other hand

12 MONTHS

- Pulls to a stand
- Puts something in a container
- Walks, holding on to furniture
- Waves "bye-bye"
- Calls a parent "mama" or "dada" or another special name
- Plays games with you, like pat-a-cake
- Drinks from a cup without a lid, as you hold it

15 MONTHS

- Tries to say one or two words besides "mama" or "dada"
- Takes a few steps on his own
- Shows you affection (hugs, cuddles, or kisses)
- Uses fingers to feed herself
- Points to ask for something or to get help

18 MONTHS

- Follows one-step directions without gestures
- Moves away from you, but looks to make sure you are close
- Tries to say three or more words besides "mama" or "dada"
- Walks without holding on to anything
- Plays with toys in a simple way, like pushing a toy car
- Looks at a few pages in a book with you
- Tries to use a spoon

24 MONTHS

- Says at least two words together, like "More milk."
- Holds something in one hand while using the other hand; for example, holding a container and taking the lid off
- Notices when others are hurt/upset (looks sad when someone is crying)
- Eats with a spoon
- Runs
- Plays with more than one toy at the same time, like putting toy food on a toy plate
- Points to things in a book when you ask, like "Where is the bear?"
- Points to at least two body parts when you ask him to show you

30 MONTHS

- Jumps off the ground with both feet
- Savs words like "I," "me," or "we"
- Uses hands to twist things, like doorknobs or lids
- Plays next to other children and sometimes plays with them
- Takes some clothes off by himself
- Names things in a book when you point and ask, "What is this?"
- Says about 50 words

36 MONTHS

- Talks well enough for others to understand, most of the time
- Says first name, when asked
- Avoids touching hot objects, like a stove, when you warn her
- Draws a circle, when you show him how
- Calms down within 10 minutes after you leave her
- Puts on some clothes by himself
- Uses a fork