You’ve heard that every child develops at his own pace. Some children sit up, or crawl, or learn to walk or talk earlier than others. You may be worried that your baby seems to be having difficulty with one or more early developmental skills.

Talk with your child’s doctor. If you or your pediatrician is concerned that your child’s development is delayed in one or more areas, it’s good to know that there is a team of highly trained Early Intervention specialists who can help. You and your pediatrician can count on Early Intervention to follow through with further screening and/or evaluation for your child and to answer your questions — no matter how complicated, or simple.

Thom Child & Family Services wants you to have the developmental checklist on the reverse side of this sheet. It will help you evaluate your child’s attempts to master first skills. You may find it helpful to use the checklist as you watch your child over the course of several days. If you think your child may be experiencing developmental delays, call us! Thom Child & Family Services can help.

Thom Child & Family Services operates an Early Intervention Program near you…

Thom Neponset Valley Early Intervention
101 Vanderbilt Avenue, Norwood, MA 02062
Phone: (781) 551-0405 Fax: (781) 551-9901
Serving: Canton, Dedham, Medfield, Mills, Norfolk, Norwood, Plainville, Sharon, Walpole, Westwood and Wrentham

Thom Pentucket Early Intervention
320 Main Street, P.O. Box 956, West Newbury, MA 01985
Phone: (978) 363-5553 Fax: (978) 363-2435
Serving: Haverhill, Amesbury, Boxford, Groveland, Merrimac, Newbury, Newburyport, Salisbury and West Newbury

Thom Springfield Infant Toddler Services
156A Allen Street, Springfield, MA 01118
Phone: (413) 783-5500 Fax: (413) 782-7612
Serving: Springfield, East Longmeadow, Longmeadow, Worthington

Thom Westfield Infant Toddler Services
209 Root Road, Westfield, MA 01085
Phone: (413) 568-3942 Fax: (413) 568-5983
Serving: Westfield, West Springfield, Agawam, Southwick, Granville, Blasdell, Huntington, Chester, Middlefield, Russell, Montgomery, Tolland and Woronoco

Thom Worcester Area Early Intervention
239 Mill Street, Suite B, Worcester, MA 01602
Phone: (508) 752-8466 Fax: (774) 243-6611
Serving: Auburn, Boylston, Holden, Leicester, Paxton, Shrewsbury, West Boylston and Worcester

1. Early Intervention service providers include a range of pediatric specialists. Early Intervention serves children who live in Massachusetts ages birth to three years old and their families.

2. Early Intervention is a State and Federally mandated service that is funded by the MA Department of Public Health, Medicaid, MA Health Insurance, Health Maintenance Organizations (HMOs), and private contributions and fees. There are no direct costs to families for Early Intervention Screenings and Eligibility Evaluations and Assessments.
1–2 months
- Able to suck and/or swallow easily
- Shows gain in height and weight
- Turns head from side to side when lying on tummy
- Startles easily in response to loud noise
- Turns head in direction that cheek is touched

3–4 months
- Rolls from tummy to back
- Shows gain in height and weight
- Holds a rattle and smiles
- Makes sounds other than crying
- Turns head toward bright light and color

4–6 months
- Plays on tummy
- Shows gain in height and weight
- Holds a rattle and smiles
- Makes sounds other than crying
- Rolls from tummy to back

6–9 months
- Babbles and laughs out loud
- Turns head to locate sounds
- Shows gain in height and weight
- Sits independently
- Plays peek-a-boo and pat-a-cake
- Crawls or creeps forward on tummy by moving arms and legs

9–12 months
- Crawls or creeps on hands and knees
- Shows gain in height and weight
- Pulls to a stand
- Picks up small objects
- Walks with both hands held
- Waves “bye-bye”
- Imitates simple sounds
- Plays with parents and siblings
- Able to sit on own

12–15 months
- Says one word in addition to “mama” or “dada”
- Walks without help
- Drinks from a cup without help
- Enjoys picking up small objects and dropping into a container
- Takes turns rolling a ball

15–18 months
- Shows needs by grunting and pointing
- Shows emotions — happy or sad
- Imitates or repeats two word phrases such as “dada eat” or “mama play”
- Walks without support
- Likes to push, pull and dump things
- Feeds self with spoon but spills
- Looks at picture books/turns pages

18–24 months
- Uses two and three word phrases such as “daddy come home”
- Has about 20 words/signs in vocabulary
- Says “no” often
- Carries objects when walking
- Shows affection, offers hugs and kisses
- Chews small bites of food
- Plays actively with toys
- Understands simple directions such as “give me the ball”
- Points to body parts such as nose, mouth and hair
- Kicks a large ball
- Asks for food when hungry

25–30 months
- Runs well
- Able to feed herself
- Gives first name when asked
- Enjoys scribbling with crayon or pencil
- Enjoys playing with other children
- Throws a ball forward
- Enjoys being read to
- Turns a door knob or unscrews lids
- Uses a variety of phrases and short sentences with new words being added to vocabulary each week

30–36 months
- Expresses himself in three word sentences
- Says first name when asked
- Washes and dries hands
- Copies a circle
- Jumps in place
- Repeats common rhymes